

We're happy to welcome you to Women's Care & Family Wellness! We'd like to share some information with you about our clinic and your upcoming visit. ***Please note we are a fragrance free office; several of our patients and staff members have extreme sensitivities to fragrances. Be sure to avoid perfumes, scented body wash, lotions and hair products the day of your appointment or you may be asked to reschedule.***

### Our Promise to You

Women's Care & Family Wellness is a Patient-Centered Medical Home, a unique clinic model that ensures:

- **A patient-centered approach** to your care designed to meet your individual needs and preferences
- **Coordinated care** by a team of experts working together to facilitate the right care for you, at the right time
- **Evidence-based care**, along with tools and support to manage your health care goals
- **Easy access** to your medical record and care team

Learn more about the Patient-Centered Medical Home by picking up a brochure in our clinic or visit our website at [Montana.Providence.org\Clinics](http://Montana.Providence.org/Clinics).

### We Need Your Help

As a reminder, please complete ALL paperwork and return in the self-addressed envelope so we can get your appointment scheduled with your provider \_\_\_\_\_.

Please do the following prior to your appointment:

- Plan to arrive at least 15 minutes early** to your appointment to ensure all documentation can be completed and we can stay on schedule for the benefit of all patients.
  - **Your appointment may need to be rescheduled if you do not arrive on time.**
  - **Fill out the enclosed paperwork, in advance, to the address listed above.**
- Bring the following additional information with you:**
  - Photo ID
  - Insurance card(s)
  - Co-payment that may be due at time of service
  - Medical records from previous providers (these may also be mailed to us in advance)
  - Current list of medications, including supplements\*

*\*Note: If you are currently taking routine prescription pain medications, please know that we are not a specialty pain medicine clinic and we do not routinely prescribe narcotic medications.*

### We Are Here for You

Please feel free to call us at 406-327-3057 with any questions. If you need medical assistance prior to your next scheduled appointment, please contact our office and we will assist you in finding the best care option for your condition.

**We look forward to seeing you soon!**

**CREATIVE \* INTEGRATIVE \* UNIQUE**



First Name:		MI:	Last Name:	
Date of Birth:		Social Security Number:		M F
Street Address:		City:	State:	Zip:
Daytime Phone:	Evening Phone:	Email:		
<b>Race/Ethnicity:</b> White Hispanic African American Asian Native American Other _____		<b>Marital Status:</b> Single Married Divorced Widow Legally Separated Significant Other		
Religion:	Who is your Primary Care Provider?			
<b>EMPLOYMENT INFORMATION</b> If patient is a minor, please fill in with parent's information				
Employer:		If retired, date of retirement:		
Address:		Phone:		
Occupation:				
<b>RESPONSIBLE PARTY FOR PATIENT (GUARANTOR) (check box if same as above)</b> <input type="checkbox"/>				
First Name:		MI:	Last Name:	
Street Address:		City:	State:	Zip:
Home/Cell Phone:		Work Phone:		
Date of Birth:		Social Security Number:		
Relationship to Patient: Self Spouse Parent Other (specify)				
<b>Emergency Contact</b>				
Name:		Phone:		
Relationship to Patient:				
Do you have (Please circle): Living Will Advanced Directive POLST Five Wishes Durable Power of Attorney				



Reason for your visit with this provider: \_\_\_\_\_

**CURRENT MEDICATIONS, VITAMINS, SUPPLEMENTS** OR *Attach List of Medications, Vitamins, Supplements*  
 (Please list specific dosages and instructions on how each medication is taken)

_____	_____
_____	_____
_____	_____
_____	_____

Pharmacy of Choice (and location): \_\_\_\_\_

**Allergies/Reactions** (Please list medications and specify type of reaction)

_____	_____
_____	_____
_____	_____

**Other Current Medical Providers:** (Please list name and specialty)

\_\_\_\_\_

\_\_\_\_\_

**PERSONAL MEDICAL HISTORY**

(Please list condition and approximate date of diagnosis)

_____	_____
_____	_____
_____	_____
_____	_____

**PERSONAL SURGICAL HISTORY**

(Please **note year** of surgical procedure or hospitalization. Indicate Right or Left; knee, shoulder, etc.)

- Appendectomy
- Brain Surgery
- Breast Surgery
- Heart Surgery

- Gallbladder removal
- Colon Surgery
- Cosmetic Surgery
- C-section # \_\_\_\_\_
- Eye Surgery
- Hernia Surgery
- Hysterectomy
- Ovaries kept  Ovaries removed

- Joint Replacement
- Prostate Surgery
- Spine Surgery
- Tubal Ligation
- Vasectomy
- OTHER \_\_\_\_\_
- OTHER \_\_\_\_\_

**SOCIAL HISTORY**

Who lives in your home? \_\_\_\_\_

\_\_\_\_\_

**Education** (level completed): \_\_\_\_\_

**Exercise**

How Often? \_\_\_\_\_

What Type? \_\_\_\_\_

**Are you sexually active?** YES NO

**If sexually active:** Men, Women, or Both

**Do you feel safe in your current relationship and living situation?** YES NO

**Smoking or Tobacco Use** (circle one):

Former Current Never Year quit \_\_\_\_\_

Number of years you used tobacco \_\_\_\_\_

Number of packs/day: \_\_\_\_\_

Exposure to second-hand smoke: \_\_\_\_\_

**Alcohol**

Yes  No

How many drinks per week? \_\_\_\_\_

**Drug Use (Non-prescribed)**

Do you use any of the following?

- Marijuana  Amphetamines  Narcotics
- Cocaine  Heroin  Anti-Anxiety
- Barbiturates  Inhalants

**FAMILY HISTORY**

Relationship & Name	Current Age	Age at Death	Arthritis	Asthma	Birth defects	Cancer (Type)	COPD	Depression	Diabetes	Premature Death	Hearing loss	Heart Disease	High Blood Pressure	High Cholesterol	Kidney Disease	Learning Disabilities	Mental Illness	Miscarriages	Stroke	Substance Abuse	Vision Loss	OTHER	
Mother																							
Father																							
Brother																							
Brother																							
Sister																							
Sister																							
Child																							
Child																							
Maternal Grandmother																							
Maternal Grandfather																							
Paternal Grandmother																							
Paternal Grandfather																							
OTHER _____																							
OTHER _____																							

**HEALTH MAINTENANCE**

Have you had a colonoscopy?  Yes  No  
 If yes: Date \_\_\_\_\_ Location: \_\_\_\_\_

Have you ever had a sexually transmitted disease?  Yes  No  
 If yes (which one): \_\_\_\_\_ Date: \_\_\_\_\_

Current form of contraception (birth control): \_\_\_\_\_

**Females Only**

Date of Last Pap smear: \_\_\_\_\_ Result: \_\_\_\_\_ Where: \_\_\_\_\_

Have you ever had an abnormal pap?  YES  NO Where: \_\_\_\_\_

Number of Pregnancies \_\_\_\_\_

Number of Live Births \_\_\_\_\_ Miscarriages \_\_\_\_\_

Stillbirths \_\_\_\_\_ Abortions \_\_\_\_\_

Date of last mammogram: \_\_\_\_\_ Result: \_\_\_\_\_ Where: \_\_\_\_\_

Date of last bone density scan (DEXA): \_\_\_\_\_ Result \_\_\_\_\_ Where: \_\_\_\_\_

**IMMUNIZATIONS**

*(Please mark the date of your last immunization)*

TDaP/Tetanus: \_\_\_\_/\_\_\_\_/\_\_\_\_

Shingles/Zoster: \_\_\_\_/\_\_\_\_/\_\_\_\_

HPV/Gardasil: \_\_\_\_/\_\_\_\_/\_\_\_\_

Pneumonia: \_\_\_\_/\_\_\_\_/\_\_\_\_

Influenza: \_\_\_\_/\_\_\_\_/\_\_\_\_

**\*\*Please be sure to state where the last tests were run so we can obtain records for your appointment\*\***