

Gown PPE – Donning & Doffing Instructions

Isolation (gown) Donning PPE:

- Remove all jewelry, watches and secure hair
- Put on impervious disposable isolation gown
- Hair bouffant cover all hair
- Surgical mask
- Apply Face shield
- Don first pair of gloves: inside suit- use thumb hole
Don second pair of gloves: outside suit

Doffing (gown) PPE:

- Position self in front of bio-hazard bin
- Hand hygiene outer gloves
- Untie gown and pull down from straps until it breaks
from neck (slow careful motions) and remove gloves in one
motion
- Gently drop in bio-hazard waste bin
- Hand hygiene on inner gloves
- Remove face shield
- Hand hygiene
- Remove surgical mask
- Hand hygiene
- Remove bouffant/ hand hygiene