Donning PPE Enhanced Isolation

In hospital Scrubs: Remove all jewelry and watches, secure hair

1. Shoe covers
2. Isolation suits (make thumb holes)
3. N-95
4. Face shield
5. Hood (covering all hair) meet face shield – no exposed skin
6. Plastic Apron
7. First pair of gloves: inside suit-use self made thumb hole
8. Second pair of gloves: outside suit
Doffing PPE: Enhanced Isolation

1. Position self in front of bio-hazard bin

2. Hand Hygiene outer gloves

3. Untie apron and pull down from straps until it breaks from neck (slow careful motions)

4. Gently drop in bio-hazard waste bin

5. Hand hygiene on outer gloves

6. Pull hood down using up and back motion

7. Un-zip suit slowly

8. Touching the outside of the suit carefully push down below waist

9. Pull hands out of sleeves and outer gloves
Doffing PPE: Enhanced Isolation

10. Hand hygiene

11. Reach inside suit pushing downward to step out of suit, leaving shoe covers on

10. Pick-up touching inside of suit and place in bio-hazard bin

11. Hand hygiene on inner gloves

12. Do not approach patient

13. Open inner door and enter anteroom
Doffing PPE: Enhanced Isolation

In Anteroom:

14. Hand hygiene on inner gloves

15. Remove face-shield by pushing it up over head and directly into bio-hazard bin

16. Hand Hygiene inner gloves

17. Remove N95 use two fingers to pull out and up- drop directly into bio-hazard

18. Hand hygiene

19. Remove shoe covers from inside out
Doffing PPE: Enhanced Isolation

20. Hand hygiene

21. Remove inner gloves- inspect hands

22. Hand hygiene and Exit into Hall